

The difference is you.

Change Day is a growing global movement that empowers individuals and teams to take actions, big or small, to collectively improve the health system.

Learn more and make pledges at **changedayontario.ca** from September 12th to November 17th.



@ChangeDayON

Become a Change Day Ontario Ambassador!

What is Change Day?

Change Day is a growing global movement that aims to make positive changes in our health system by empowering people to make a pledge and take actions, big or small, to improve compassionate quality care.

We believe that individual acts of change – regardless of their size – can add up to significant improvements for those within the health system, for their work environments, and ultimately for patients.

This fall, **Change Day Ontario** is coming to Ontario, co-sponsored by Associated Medical Services (AMS) and Health Quality Ontario (HQO). Our campaign builds on a successful global movement, beginning in 2013 by the National Health Service (NHS) in England and since adopted by countries all around the world. To date, over a million people have already made pledges.

When is it?

Change Day Ontario is happening on November 17th. However, it isn't just a day. It's a movement that runs for a few months and culminates in a day of celebration on November 17th.

What are Ambassadors?

Ambassadors are people who are passionate about creating positive change within the system, and who can rally others around them to make a pledge and take actions and help spread the word about the campaign. The amazing success of the global movement is because of people like you and we need your support to help spread the positive energy!

The top five reasons you should become an Ambassador:

1. You believe in the ability for each and every person to make positive change
2. You have an idea that you're eager to try and **Change Day Ontario** is the perfect excuse
3. You want to spread your idea and have others join your pledge
4. You can step up and take on a leadership role for the **Change Day Ontario** campaign
5. You want to inspire positivity and joy in health care

Ambassadors are an integral part of helping making **Change Day Ontario** a success and supporting improvement for those within the health system across Ontario. We hope you will join this growing movement!

For more information or to sign up as an Ambassador, email info@changedayontario.ca.

